## Synchronized Blood Drive



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When I was young, I saw the slogan "Give Blood - Save Life," which impressed me a lot, and then I decided to start donating blood and organizing blood drives in different parts of Nepal. I did 4 Blood Drives in Nepal when I was a member of Kapilivastu Samaj and the President of the Lions Club of Kathmandu in Kathmandu, Nepal.

After moving to the USA in 2006, I was engaged with different organizations that included various activities. In 2012, I organized my first Blood Drive in the USA in Spartanburg, South Carolina, hosted by the Nepalese Association of Southeast America (NASeA) and the South Carolina Association Nepalese (SCAN) Community Services Committee led by Dr. Lila Karki at Walgreen; a total of thirty-three big-hearted individuals donated blood, encouraging me to host more blood drives in the future. I have been engaged with Blood Donors of America (BDA) since 2013. I am inspired by our seniors/ leaders, mainly Arjun Mainali, Dr. Lila Karki, Bimal Nepal, Ajaya Satyal, Dr. Sanjeeb Sapkota, and Dr. Nanda Regmi.

The first synchronized blood drive event was organized on March 17<sup>th</sup>, 2017, on the advice of the BDA president Dr. Nanda Regmi in association with NASeA, in different regions of Southeast America. Since then, the Synchronized blood donation event has been continued, and is held usually once in a year.

NASeA, in partnership with BDA and local host organizations, celebrated the 25<sup>th</sup> Silver Jubilee of NASeA. Six states participated in this Blood Drive, Alabama, Georgia, Florida, North Carolina, South Carolina, and Tennessee.

The second Synchronized Blood Drive took place on April 20<sup>th</sup>, 2020. Seven states participated in this Blood Drive, Alabama, Colorado, Georgia, Florida, North Carolina, and South Carolina, and seventy-six pints of blood were donated.

The third Synchronized Blood drive was organized on Sept 26<sup>th</sup>, 2020, during COVID-19 due to a shortage of Blood. One hundred seventy-five pints of blood was collected from twenty-one cities of sixteen states in the USA. States involved in this Synchronized Blood drive are Alabama, Arizona, California, Colorado, Connecticut, Florida, Iowa, Kentucky, Illinois, Maryland, North Carolina, Ohio, South Carolina, Tennessee, Texas, and Wisconsin. The fourth Synchronized Blood Drive was organized on June 11th thru 14th, 2022.

Fifth Synchronized Blood Drive on April 8<sup>th</sup> thru 15<sup>th</sup>,2023. Seven cities in six states (Colorado, Florida, Iowa, Maryland, South Carolina, and Texas) participated in this Synchronized blood drive, and seventy-six pints of Blood were donated.

Up to the present date, I have already organized 10 Blood Drives, including five Synchronized Blood Drives in the USA.

Thanks to the BDA President, BDA Past Presidents, Executive Board members, state coordinators, local state organizations, BDA friends, and family for helping and supporting me. Also, I would like to thank NASeA President and Executive Board members for giving me a chance as coordinator of Synchronized Blood Drive.