Mr. Shiva Kaphle came to the United States in May-2005. He joined Blood Donors of America (BDA) in 2013 and became life member in 2014. His motivation to join BDA is to "Help People and Save Lives". He feels proud to be a blood donor and has already donated blood 29 times, out of which 6 times was in the United States. First time he donated blood in 1989 to transfuge to his cousin He took the official position in BDA in 2014 in the state coordination committee in Texas.

Mr. Kaphle thinks that BDA is a great organization to work, where one can help people by donating blood. He appreciates the BDA efforts to organize the blood donation drives all across USA. He is excited about the BDA's initiative and wish the success of various talk programs that helps to generate health awareness among general public. He heard about this great organization from Dr. Nanda Regmi in 2012, who is the current president of BDA. He feels proud to be in



the BDA family through which thousands of lives have been saved in last 4-5 years. His suggestion to BDA is that it should expand its activities/health awareness program etc. to the other communities.