

Dr. Nanda Regmi, the first elected president of Blood Donors of America (BDA), joined BDA immediately after its establishment in 2009, and has been serving BDA in different capacities up until now. Dr. Regmi successfully completed three full tenures of the central executive committee and responsibilities of a convention chair for the first convention. Before holding the office of president from May 30, 2016 to May 29, 2018, Dr. Regmi contributed to BDA as central executive member (2013-2016) and central treasurer (2011-2013). Dr. Regmi also served as a chair for the membership committee of BDA (2013-2016) and a member of the bylaws committee (2013-2016). Both the committees successfully governed their responsibilities resulting in the emergence of BDA as one of the largest organizations of Nepalese diaspora in US while also achieving the highest number of BDA life members from Dallas, TX in short period of time.



Dr. Regmi also successfully accomplished the task of convention chair for the first joint convention of BDA and Society of American Nepalese Nurses (SANN) held in Dallas, TX in May 27-29, 2016. The convention was remarked by the association of SANN and participation of Nepal Sports and Culture International (NSCI), Association of Nepalese Agricultural Professionals in Americas (NAPA). His Excellency the Nepalese ambassador to US Dr. Arjun Kumar Karki inaugurated the convention as a chief guest where the president of International Federation of Blood Donor Organizations (IFBDO), Mr. Gainfranco Massaro, was also present. The three day convention has left a legacy with 111 pints of blood donation, free health camp, free eye exams, NRN forum, INLS program, cultural events, and volleyball tournament.

Dr. Regmi was able to organize the first blood donation event under the banner of BDA in partnership with other social organizations in Dallas, TX in June 30, 2012 at Hilton Anatole Dallas, TX during 30th ANA convention held in Dallas where 33 donors from different parts of US donated blood. Dr. Regmi was able to encourage and unite blood donors under BDA across the USA as well as in TX, the state of his residence. As a result of which BDA state committee of TX under the coordinatorship of Mr. Basu Shrestha was established in November 23, 2014. The BDA TX committee is the largest, strongest, and the most active state committee of BDA ever seen in the USA which registered the highest donation pints of 128 in a single event at a single place in Dallas, TX in April 25, 2015, the same day in which the most devastating earthquake hit Nepal.

Professionally, Dr. Regmi is a biomedical scientist involved in rare brain disease research in the department of Neurology and Neurotherapeutics of the University of Texas Southwestern Medical Center at Dallas, a premium university where 6 Nobel laureates worked. One of the laureates, Dr. Bruce Beutler, is his research collaborators, in UT Southwestern. His research focuses in identifying the primary genes responsible for movement disorder technically called dystonia.

Dr. Regmi joined UT Southwestern in 2008 as a postdoctoral researcher after his Ph.D. in 2007 from Tokyo University of Agricultural and Technology, Tokyo Japan in drug metabolism and pharmacokinetic. Before leaving for higher education in Tokyo in September of 2002, Dr. Regmi also worked for the

department of Pharmacology as an assistant professor for 5 years at the Institute of Agriculture and Animal Science (IAAS), Rampur, Nepal then Tribhuvan University from 1997 to 2002. Dr. Regmi also served for the Nepal government as a veterinary quarantine officer for one year under the livestock services department. Dr. Regmi is one of the first veterinarians who graduated from Nepal.

Dr. Regmi has been serving several community organizations at different roles and has delivered several guest speeches at the capacity of BDA president, an adviser, and a volunteer. He has been a member of Nepalese Society of Texas (NST) since 2008, adviser of Indreni Cultural Association (ICA) and International Nepalese Literary Society (INLS), Dallas Chapter, and Pulmonary Hypertension Association (PHA), Nepal.

Dr. Regmi, is a regular blood donor and has donated whole blood 22 times in different parts of US and Nepal. He is a whole blood donor. Dr. Regmi has visited different places of USA to create blood donation awareness especially when there are national conventions and meetings of social organizations. As a result of which, in support of his colleagues and social organizations BDA, is able to make about >8K pints of blood donations since he joined BDA. Dr. Regmi, strongly believes that whole blood donation helps stay healthy and live a long life as a donor- as reported by several peer reviewed scientific papers. Dr. Regmi and his team was able to expand BDA through significant achievement of trust and solidarity of internationally recognized lifelong blood donors like John W. Sheppard, and Ellen Sheppard from Florida and was able to welcome them as life members of BDA. Dr. Regmi lives in Dallas, TX and holds a family of four, his wife Mrs. Pabitra Regmi, daughter Nirpa Regmi, and son Nirpesh Regmi. Nirpa is a life member of BDA. Dr. Regmi can be reached at [nlregmi@gmail.com](mailto:nlregmi@gmail.com).