Dr. Lila Raj Dahal came to the United States as Ph.D. student in physics in 2004 at Ohio University Athens, Ohio. Dr. Dahal then moved to the University of Toledo in 2006 for the Ph.D. in 2006 after receiving M.S. degree at Ohio University. He completed his Ph.D. in physics from University of Toledo in 2013. He has been working as an Advanced Scientist at one of the world's largest glass company, Pilkington North America, NSG group, after the completion of his Ph.D. near Toledo, Ohio (Northwood).

Dr. Dahal has been heavily involved in social activities within Nepali community, ever since he came to Toledo. With most of the people coming to Toledo as University students, they need assistance in their early days and Dr. Dahal has been the prime personal to look after them. Moreover, Dr. Dahal and his fellow friends established Nepali Student Organization at University of Toledo, NSO@UT, in 2009 with himself being the founding secretary. He then served as the president of NSO@UT for 2 years. After that, he has been advising/helping all the subsequent NSO@UT executive committees in terms of conducting Nepali programs, celebrating Nepali festivals etc. He was also heavily involved in various social activities back in Nepal.



Dr. Dahal joined BDA in March-2014 after being contacted from one of the BDA executives and quickly became the state coordinator for the state of Ohio. He organized/participated 3 blood donations with himself as a donor at the local Red Cross blood collection center in Toledo. Even though the frequency of blood donation campaign has been slowed down recently due to his health condition and many Nepalis in Toledo Ohio area being student and ineligible for blood donation in their first three years, he thinks that it will come back up all across Ohio in the near future. He is in talk with other larger Nepali communities in Ohio and is hoping more blood donation activities in the days to come. He has been serving as an executive member of BDA after 1* convention held in Dallas in 2016 and is actively working in the publication portfolio. He thinks that BDA is one of the best platforms that one can work peacefully for the society, as the main motive of BDA is TO GIVE. He also feels that BDA is doing well and can grow even better, if it can be tied into local organizations.

In his free time, Dr. Dahal likes to watch soccer game and is excited to work in the backyard for gardening. He feels really happy when he sees plants producing vegetables and fruits, flowers bloom, even though the actual price of the produce may not worth much. He has been living with his wife Puja Neupane (married in 2005) and two sons Ashim Dahal (7) and Alok Dahal (6).